



AUGUST 9, 2023

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Club President's Message





16—AUGUST 9, 2023 AUGUST 9, 2023



Programme

Opening Ceremony

Call to OrderPRES ALVIN DEMONTAÑOReading of Tonight's PrayerRTN. JOEL SANTOSNational AnthemDIR. TEODORO SALESRotary HymnRTN. JONG RODRIGUEZObject of the Rotary/ 4-Way TestRTN. ALLAN RAFOLSIntro. of Visiting Rotarians & GuestsDIR. BOY QUIAPO

Fellowship

Community Singing RTN. NOEL PIDO
Celebrity Greetings RTN. CHARLES PASCUA

Club Matters

Treasurer's Time
TREAS. JOHN ARCAMO
Secretary's Time
SEC. JASON FRANCISCO
President's Time & Adjournment
PRES ALVIN DEMONTAÑO

RTN. RYAN PAÑARES

Moderator



FULLY PAID MEMBERS RY2022-2023

DIR. ALEXANDER JAY CRUZ

RTN. FLORANTE ROFRIGUEZ

IPP MARK JEROME TIONGSON

RTN. CHARLES PASCUA

PP ANDRES LORENZO

PO NOEL PIDO

RTN. REY CORTES

RTN IAN SELVIDO

RTN. RALPH SOGUILON

PP BEN TUPAS III

RTN. MJ TIONGSON

PAG RAMON GONZALES

RTN. WINSTON TAN

PP REY FRANCISCO

RTN. MICHAEL BUHISAN

RTN. LEO LABRADOR

DIR. TEODORO SALES

DI. RAUL ANTONIO VALENCIA

VP EDWARD CARILLO

RTN. EDGAR FORONDA

PAG FRANCISCO LORENZO

RTN. MICHAEL CUE

RTN. DOODZ LAPIZ

RTN. RICHIE TIOSEJO

RTN. JAMES ABLOG

PP JERRY BELBIDER

SEC JASON FRANCISCO

RTN. EDEN IBANEZ

RTN. SIMON TRAZO







Rotary International Features





area on the outskirts of Santiago in the Dominican Republic.

Kristin Wegner Guilfoyle inspects the inadequate sanitation system in an Wegner Guilfoyle stands with two Arhuaco men near Colombia's icecapped Santa Marta Mountains.

Courtesy of Kristin Wegner Guilfoyle

Having a better sense of her career path, Wegner Guilfoyle made her next stop Boulder, Colorado, where she earned a master's degree in environmental leadership at Naropa University. While interviewing Peace Corps volunteers for her thesis on the impact of storytelling, she connected with Steve Werner, a former Peace Corps volunteer and a member of the Rotary Club of Denver Southeast. She began speaking at Rotary clubs, which led to the Rotary Club of Boulder Flatirons sponsoring her for an Ambassadorial Scholarship.

In the Peace Corps, Wegner Guilfoyle had read Gaviotas, Alan Weisman's account of a village in a desolate region of Colombia that used modern technologies to establish itself as a thriving and sustainable community. Inspired by the book, Wegner Guilfoyle chose to continue her environmental studies in Colombia at Universidad de los Andes and the Sasana institute.

Through a student at Sasana, Wegner Guilfoyle made another opportune acquaintance, a Microsoft employee who was leading a technology project with an Indigenous group in Colombia. From that connection grew an endeavor that would engage her for nearly a decade. Backed by funds from multiple Rotary clubs, District 5450 (northern Colorado), and The Rotary Foundation, Weg-ner Guilfoyle managed a project that provided solar panels and vaccines, rebuilt a school, and launched an organic coffee cooperative, Amas la Sierra, in Sogrome, a remote village in the Santa Marta Mountains of northern Colombia.

"Having kids reinforced my commitment to working in sustainability," she says. "I want to continue to model environmental leadership for them and show them ways to collaborate and innovate. People say, 'Kids are the future and they have to figure it out.' But I think we have to demonstrate leadership to them by finding ways to solve things so their future challenges aren't as overwhelming." This story originally appeared in the August 2023 issue of Rotary magazine.













We are thankful for this day that you have given us, for its blessings, its opportunities, its challenges.

May we appreciate and use each day that comes to us.

We pray for strength and guidance for each day as it comes, for each day's duties, for each day's problems.

May we be challenged to give our best always, and may we be assured of your presence with us.

Amen.



14-AUGUST 9, 2023 **AUGUST 9. 2023-3**



R.I President's Message



R. GORDON R. MCINALLY President

Rotary International RY 2023-2024

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one anoth-

er feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its















Rotary International Features

Eighteen years after that fortunate encounter at her friend's wedding, and with the knowledge gained from her Peace Corps experience, a Rotary Ambassadorial Scholarship, and her own Rotary service, Wegner Guilfoyle has a clearly defined mission: to help the world go green. That impulse was there from the beginning.

"Part of my childhood was learning about the environment," she says. "We always did stuff outdoors, and I would go to environmental education camp. And I remember writing a letter to the local newspaper about pollution." At Purdue University, she began pursuing a degree in civil engineering, but the classes she took, and the emotional impact of the 9/11 attacks, changed her course. "The more I studied and learned," she says, "the more I wanted to work on peace and sustainability and create a positive change in the world."

After graduation, Wegner Guilfoyle joined the Peace Corps for the twoyear assignment in the Dominican Republic. She extended her stay for a third year after the Joliet club arranged for more than \$11,000 in funding for the biosand filters project. What's more, two members who were civil engineers — Harold Hamilton and Dan Malinowski, still members all these years later — visited Wegner Guilfoyle in the Dominican Republic, providing technical expertise about water filtration and sustainability.

As she worked alongside her mentors, Wegner Guilfoyle guided members of a youth group called Brigada Verde: the green brigade. She taught several high school students how to use the water filters, and they deployed across the country to train other students and adults. In addition to collaborating with rural and urban communities on water, sanitation, and education projects, that opportunity to offer lessons in "leadership development" remains one of her proudest Peace Corps achievements.















Rotary International Features

A MISSION TO HELP THE WORLD GO

GREEN In 2005, midway through a two-year assignment with the Peace Corps, Kristin Wegner Guilfoyle returned home to Illinois to attend a friend's wedding. That's when fate came striding down the aisle.

At the reception, Wegner Guilfoyle was seated at a table with a judge who was a member of the Rotary Club of Joliet. Wegner Guilfoyle told the judge about her work with biosand water filters in the Dominican Republic. The next week, at the judge's invitation, she spoke to the Joliet club — and, after she returned to her Peace Corps posting, club members provided her with financial and practical support, as well as some invaluable guidance about the direction of her life.

"It was completely serendipitous," says Wegner Guilfoyle, looking back at the chance seating arrangements at the wedding. "To be honest, I didn't know where I fit in when I started with the Peace Corps. Rotary helped me see how to use some of my different skills in applicable ways to make a difference."



Concerned about the environment since her childhood, Kristin Wegner Guilfoyle saw her passion for sustainability grow as she moved from Illinois to the Dominican Republic to Colombia to Colorado, where she lives today.



R.1 President's Message

January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study coauthor David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well -being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.























12—AUGUST 9, 2023 AUGUST 9, 2023-5

Secretary's Report



JASON CARLO FRANCISCO

Secretary Rotary Club of Metro Dadiangas RY 2023-2024

Date of Meeting	Total Member- ship	# of Mem- bers Used in Calculating the Attendance	# of Mem- bers Pre- sent	# of Mem- bers Made -Up	%
AUG 2, 2023	63	63	52	5	90%
AVERAGE ATTENDANCE					

INDUCTION 2023

RC Metro Koronadal August 12, 2023 | 6:00PM The Farm RC Gensan Tuna Port August 18, 2023 | 6:00PM Yolachs, GSC RC Central Polomolok August 19, 2023 | 6:00PM ——ТВА—— RC Midtown Gensan AUGUST 90, 2023 | 6:00PM Yolachs, GSC



Metro Activities













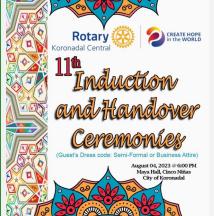


Metro Activities

Induction of RC Koronadal Central | August 4, 2023 @

Cinco Ninas, Koronadal City















JOHN ARCAMO

Treasurer Rotary Club of Metro Dadiangas RY 2023-2024

AUGUST 9, 2023

Club's Fund as of JULY 31, 2023	578, 695.16
Add: Club's Collection (AUGUST 2, 2023)	83, 400.00
TOTAL Club's Fund by AUGUST 3, 2023 ————	662, 095.16
LESS EXPENSES	
Meals (August 2)	16, 285.50
Induction Pledges	6, 000.00
1st Semester R.I Dues	124, 932.50
Philippine Rotary Magazine Subscription	33, 000.00
District Levy	29, 500.00
Disaster Fund	5, 900.00
Rotaract Levy	1,000.00
Office Supplies & Metro Medium Printing	8, 950.00
Induction Materials & Transpo	4, 322.75
Medicines for July 1 (Rotary New Year) & July 22 (Project EduKalusugan)	30, 891.00
Slippers, Toothbrush, & Meals during Rotary New Year Project	13, 794.00
School Supplies for July 22 Project EduKalusugan	15, 000.00
TOTAL EXPENSES	289, 575.7

TOTAL BANK BALANCE AS OF AUGUST 8, 2023 PHP 372, 519.41



10—AUGUST 9, 2023 AUGUST 9, 2023-7

President's Message



ALVIN RAY DEMONTAÑO President Rotary Club of Metro Dadiangas

Good evening fellow Metronians, Rotaractors, & Guests. Thank you for attending our 6th regular club meeting for Rotary Year 2023-2024.

Last August 4 and 5, 2023, we joined the inductions of the Rotary Club of Koronadal Central at the Maya Hall, Paraiso Verde, Koronadal City, and Rotary Club of Marbel (Koronadal) at the EMR Convention Center, Koronadal City.

On the other hand, we were visited by Brgy. Captain Rey N. Benitez of Barangay Siguel at the office of Rtn. Micheal Buhisan ang Rtn. Simon Trazo yesterday, August 8, 2023 for a potential service project in their area. Initial program was to provide school supplies, medical check-up and medicines, and dental services to selected 100 recipients of the 19 puroks under Brgy. Siguel.

On the same day at the same venue, we were visited by Task Force Commander of the checkpoint in Brgy. Siguel, asking for assistance for their signages. More details regarding this to follow.



President's Message

Governor Rozane "Twinkle" Gamboa will be conducting her Governor's Visit during our meeting on August 16, 2023 during our regular club meeting. In line with this, the board of directors as well as our past presidents would be in attendance to discuss the plans and goals of the club.

Lastly, the next induction schedule would be on Saturday, August 12, 2023 for the newest club in Area 3H, RC Metro Koronadal and will be held at The Farm, Koronadal City, 6:00pm.

That is all for tonight's weekly meeting. Thank you everyone for coming and may you have an enjoyable night.





8-AUGUST 9, 2023 AUGUST 9, 2023-9